### APPENDIX A —

# ABBREVIATIONS AND SYMBOLS

#### I. GENERAL ABBREVIATIONS

A & A Aid and attendance

AAO Assistant Adjudication Officer (now AVSCM)

ABO Accelerated Benefit Option (for terminally ill SGLI and VGLI policy

holders)

ACAP Annual clothing allowance payment
ACDUTRA (also ADT) Active duty for training (Reserve duty)

AD Active duty

AFDC Aid to Families with Dependent Children

AFR Air Force Regulation

AGG Aggravated in or by service

AIRS Appellate Index Retrieval System

AMC Appeals Management Center

AO Adjudication Officer (now VSCM); or Agent Orange

AOCAP Agent Orange Class Assistance Program

AOJ Agency of Original Jurisdiction

APA Administrative Procedures Act (5 U.S. Code 553(a))

AR Army Regulation

AS Active (air, military or naval) service

AVSCM Assistant Veterans' Service Center Manager

AWOL Absence without official leave; or

Absent without official leave

BCMR Board for Correction of Military Records
BCNR Board for Correction of Naval Records

BVA Board of Veterans' Appeals

CAVC U.S. Court of Appeals for Veterans' Claims

CBD Chief Benefits Director (now Undersecretary for Veterans' Benefits)

C & C Confirmed and continued rating decision

C & P Compensation and Pension

CD Clemency discharge
CFI Claim for increase

C-file Claims file

C.F.R. (also CFR) Code of Federal Regulations

CHAMPUS Civilian Health and Medical Program of the Uniformed Services

(now TRICARE)

CHAMPVA Civilian Health and Medical Program, VA

CMD Chief Medical Director (now Undersecretary for Veterans' Health)

COG Convenience of the Government

COLA Cost-of-living adjustment

COMP Compensation; or Compensable (10% or more)

CRDP Concurrent Retirement and Disability Pay
CRSC Combat-Related Special Compensation

CTA Centralized Transcription Activity

CURR U.S. Armed Services Center for Unit Records Research

(now JSRRC)

CVA (also COVA) U.S. Court of Veterans' Appeals (now CAVC)

CVSO County Veterans Service Officer

CWT Compensated Work Therapy

DC Diagnostic code; or District Counsel (chief legal authority in a

VARO)

DD Dishonorable discharge

DEA Dependents' and Survivors' Educational Assistance

(38 U.S. Code, Chapter 35)

DIC Dependency and Indemnity Compensation

DNA Defense Nuclear Agency (now DTRA)

DNEPTE Did not exist prior to enlistment

DNEPTS Did not exist prior to service

DoD Department of Defense

DRB Discharge Review Board
DRO Decision Review Officer

DSM-IV Diagnostic and Statistical Manual of Mental Disorders

(rev., 4th ed.), American Psychiatric Association

DTRA Defense Threat Reduction Agency (previously called Defense

Nuclear Agency)

DVA Department of Veterans Affairs (either State or U.S.)

DVSA Domestic Volunteer Service Act

EAD Extended active duty (Reserves)

EAJA Equal Access to Justice Act

EOD Entry onto (active) duty

EPC End product control

EPTE Existed prior to enlistment

EPTS Existed prior to service

ESG Environmental Support Group (now JSRRC)

ETS Expiration of term of service

EVR Eligibility Verification Report

FGP Foster Grandparent Program

FOIA Freedom of Information Act

FR Index Federal Register Index

FSGLI Family Servicemembers' Group Life Insurance

FTCA Federal Tort Claims Act

GAO Government Accountability Office

(previously called General Accounting Office)

GC General Counsel

GPO Government Printing Office

GW Gulf War Era (period of service—see 38 CFR § 3.2(i))

see also PGW

HB Housebound

HISA Home Improvement and Structural Alteration

HO Hearing Officer

HON Honorable discharge

IDT Inactive duty training (Reserve duty)

ILOD In line of duty

IME Independent medical expert
IMO Independent medical opinion

INC Incurred in service

IOM Institutes of Medicine (part of National Academy of Sciences)

IR (see also RI) Increased rating

IT Incentive therapy

IU Individual unemployability (see also TDIU)

IVAP Income for VA purposes

JAG Judge Advocate General

JSRRC U.S. Army and Joint Services Records Research Center

(previously called ESG, CURR)

KC Korean Conflict (period of service—see 38 CFR § 3.2(e))

KIA Killed in action

LG (VA) Loan Guaranty

LIHEAP Low Income Home Energy Assistance Program

LOD Line of duty
LOU Loss of use

LSA List of Sections Affected (C.F.R.)

MAPR Maximum annual pension rate

MCUA Marine Corps University Archives

MGIB Montgomery GI Bill, also called All-Volunteer Force Educational

Assistance Program (38 U.S. Code, Chapter 30)

MOU Memorandum of Understanding

NARA National Archives and Records Administration

NAS National Academy of Sciences

NCA National Cemetery Administration

NIH National Institutes of Health

NILOD Not in line of duty NOA Notice of Appeal

NOD Notice of Disagreement; or Notice of Death

NPRC National Personnel Records Center (St. Louis)

NSLI National Service Life Insurance

NSO National Service Officer

NSC Nonservice-connected; or Not service-connected

NSCD Nonservice-connected disability

NVLSP National Veterans Legal Services Project

OGC Office of General Counsel (VA)
OIG Office of Inspector General (VA)

OMPF Official military personnel file

OPC Outpatient clinic

Op. G.C. Opinion of the General Counsel

OPT Outpatient treatment

OPTR Outpatient treatment records

OTHC Other than honorable conditions (Discharge)

PEN. Pension

PIF Pending issue file

PGW Persian Gulf War (period of service—see 38 CFR § 3.2(i))

see also GW

PL (also P.L.) Public Law

PMC Pension Mainenance Center

POA Power of attorney
POW Prisoner of war

PRES Presumption; or Presumptively SC (disability)

PT Permanent total (disability)

P & T Permanent and Total (disability)

PTE Peacetime (period of service—any period *not* designated as a "period

of war" under 38 CFR § 3.2)

RAD Release from active duty

RECA Radiation Exposure Compensation Act of 1990

RE code Reenlistment code

REPS Restored Entitlement Program for Survivors

RH- Service-Disabled Veterans' Insurance policy number prefix

RI (see also IR) Rating increase

RIF Reduction in force

RPC (VA) Records Processing Center (St. Louis)
RSFPP Retired Services Family Protection Plan

RSVP Retired Senior Volunteer Program

RVSR Veterans' Service Representative, Rating

SAH Specially Adapted Housing

SAW Spanish-American War (period of service—

see 38 CFR § 3.2(b))

SBP Survivor Benefit Plan

SBP-MIW Survivor Benefit Plan—Minimum Income Widow

SC Service-connected

SCD Service-connected disability

S-DVI Service-Disabled Veteran's Insurance

SDN Separation Designator Number

SDRP Special Discharge Review Program

SF Standard Form

SGLI Servicemember's Group Life Insurance

SHA Special Home Adaptation grant
SIRS Special Issue Rating System
SMC Special monthly compensation

SMIB Supplementary medical insurance benefit

SMP Special monthly pension
SMR Service medical record
SOC Statement of the Case
SPCM Special court-martial

SPD Separation Program designator
SPN Separation Program number

SRD Schedule for Rating Disabilities

(38 Code of Federal Regulations, Part 4)

SSA Social Security Administration
SSDI Social Security Disability Income
SSI Supplemental Security Income

SSOC Supplemental Statement of the Case

TDIU Total disability due to individual unemployability

TDRL Temporary Disability Retired List (uniformed services)

TIN Transaction Identification Number

TPQ Third-party query

TSGLI Traumatic Injury Protection, Servicemembers' Group Life

Insurance

UCMJ Uniform Code of Military Justice

UD Undesirable discharge

UHC Under honorable conditions (General Discharge)

U.S.C. (also USC) United States Code

A-7 December 2006

U.S.C.A. (also USCA) United States Code, Annotated

USCCAN United States Code Congressional and Administrative News.

USGLI United States Government Life Insurance

UYA University Year for ACTION

VA U.S. Department of Veterans Affairs

(also, old Veterans Administration)

VACO VA Central Office

VACOLS Veterans Appeals Control and Locator System

VADEX VA Index VAF VA Form

VAMC VA Medical Center VAOPC VA Outpatient Clinic

VAOPGCPREC VA General Counsel Precedent Opinion

VAR VA Regulation

VARO VA Regional Office

VBA Veterans Benefits Administration

VCAA Veterans Claims Assistance Act of 2000

VE Vietnam Era (period of service—see 38 CFR § 3.2(f))

VEAP Veterans Education Assistance Program

(38 U.S. Code, Chapter 32)

VGLI Veterans' Group Life Insurance
VHA Veterans Health Administration

VISTA Volunteers in Service to America

VJRA Veterans' Judicial Review Act of 1988

VMLI Veterans' Mortgage Life Insurance

VR&E Vocational Rehabilitation and Employment

(38 U.S. Code, Chapter 31)

VRI Veterans' Reopened Insurance

VSC Veterans Service Center

VSCM Veterans Service Center Manager

VSLI Veterans' Special Life Insurance

VSR Veterans Service Representative

VSO Veterans' Service Organization or Veterans' Service Officer

WIA Wounded in action

WW I World War One (period of service—see 38 CFR § 3.2(c))
WW II World War Two (period of service—see 38 CFR § 3.2(d))

#### II. MEDICAL ABBREVIATIONS AND SYMBOLS

The purpose of this portion of the appendix is to assist with the interpretation of the abbreviations and symbols most commonly appearing in hospital, clinical, examination, and outpatient treatment reports. The following listing of abbreviations and symbols is for use in the interpretation of medical reports and rating decisions. It is not intended to be either an exhaustive listing or to be a glossary of medical terminology.

#### A. ABBREVIATIONS

ABG Arterial blood gases

AC Ante cibum—before meals; or Acromioclavicular (shoulder joint)

AD Auris dexter—right ear

AE Above elbow

AEA Above elbow amputation

AFB Acid fast bacillus

AIDS Acquired immune deficiency syndrome

AK Above knee

AKA Above knee amputation

ANT Anterior

AMI Acute myocardial infarction; or Anterior myocardial infarction

AODM Adult-onset diabetes mellitus (a.k.a. Type 2 diabetes)

AP Angina pectoris; *or* Anteroposterior

A & P Auscultation and percussion; or Anterior and posterior

AS Auris sinister—left ear; or Arteriosclerosis (atherosclerosis)

ASA Acetylsalicylic Acid (Aspirin)

ASCVD Arteriosclerotic (atherosclerotic) cardiovascular disease

ASHD Arteriosclerotic (atherosclerotic) heart disease

ASO Arteriosclerosis Obliterans (see also PVD, ASPVD)

ASPVD Arteriosclerotic (atherosclerotic) peripheral vascular disease

AU Auris unitas—both ears

BB Beriberi (also beri beri)

BBB Bundle branch block (EKG finding)

b.i.d. Two times per day

BIL Bilateral

BK Below knee

BKA Below knee amputation
BLE Both lower extremities
BMR Basal metabolic rate

BP Blood pressure
BS Bowel sounds

BUN Blood urea nitrogen
BUE Both upper extremities

C Cervical; or Celsius

CA Carcinoma

CABG Coronary artery bypass graft

CAD Coronary artery disease
CBC Complete blood count

CBS Chronic brain syndrome (dementia)

CC Chief complaint

CHF Congestive heart failure

cm. Centimeter

CNS Central nervous system

A-10 December 2006

C/O Complains of

COLD Chronic obstructive lung disease

COPD Chronic obstructive pulmonary disease

CPR Cardiopulmonary resuscitation

CSF Cerebrospinal fluid

CT scan Computed tomography

CAT scan Computed axial tomography

CVA Cerebral vascular accident (stroke); or Costovertebral angle

DAH Disordered action of the heart (neurocirculatory asthenia)

D/C Discontinue; or (Hospital) discharge

D&C Dilation and curettage

DIP Distal interphalangeal (joint)

DJD Degenerative joint disease

DNIF Duty not involving flying

DOE Dyspnea on exertion
DTR Deep tendon reflex
DTs Delirium tremens

ECG (also EKG) Electrocardiogram

EEG Electroencephalogram

EENT Eyes, Ears, Nose and Throat

EMG Electromyogram

ENG Electronystagmogram
ENT Ears, Nose and Throat
EST Electroshock therapy

FANA Fluorescent antinuclear antibody (blood test)

FB Foreign body

FBS Fasting blood sugar

FEV<sub>1</sub> Forced expiratory volume in one minute

A-11 December 2006

FH Family history

FROM Full range of motion

FSH Follicle stimulating hormone

FU Follow-up

FUO Fever of undetermined/unknown origin

FVC Forced vital capacity
FWB Full weight bearing

FX Fracture

GI Gastrointestinal
GSW Gunshot wound
GT Gutta—drops

GTT Glucose tolerance test

GU Genitourinary

HBP High blood pressure (hypertension)

HbS Sickle cell hemoglobin

HcT Hematocrit

HCVD Hypertensive cardiovascular disease

Hgb Hemoglobin

HNP Herniated nucleus pulposus

HTN (also HPN) Hypertension

HS Hora somni—at hour of sleep (bedtime)

Hx History

Hz Hertz (cycles per second)

ICU Intensive Care Unit
IHD Ischemic heart disease

IHSS Idiopathic hypertrophic subaortic stenosis
IM Intramuscular; or Infectious mononucleosis

IMP Impression; or Improved

A-12 December 2006

INF Inferior; or Infusion

INH Isoniazid (anti-tuberculosis drug)

IOL Intraocular lens

IOP Intraocular pressure

IPPB Intermittent positive pressure breathing

IV Intravenous

IVD Intervertebral disc

IVP Intravenous pyelogram

JVD Jugular venous distention

K Potassium

KJ Knee jerk (tendon reflex)KUB Kidneys, ureters, bladder

L Lumbar

LAD Left anterior descending (coronary artery); or Left axis deviation (EKG)

LAT Lateral

LBP Low back pain

LCM Left costal margin

LE Lupus erythematosus

LFT Liver function test

LKS Liver, kidneys, spleen

LLC Long leg cast

LLE Left lower extremity

LLL Left lower lobe (of lung)

LLQ Left lower quadrant

LOM Limitation of motion

LS Lumbosacral

LUE Left upper extremity

LUL Left upper lobe (of lung)

A-13 December 2006

LUQ Left upper quadrant

LVH Left ventricular hypertrophy

MCL Midclavicular line; or Medial collateral ligament

MCP Metacarpophalangeal (knuckle joint)

MED Median

MFB Metallic foreign body

MG Muscle group

MHC Mental Hygiene Clinic
MI Myocardial infarction

mm. Millimeter

MS Multiple sclerosis; or Morphine sulfate (narcotic pain-killer)

MSL Mid-sternal line

MTP Metatarsophalangeal (toe joint)

NAD No acute distress; or No abnormality detected

NCD Not considered disabling

NL Normal

NPN Nonprotein nitrogen

NSA No significant abnormality

N & V Nausea and vomiting
NWB Nonweight-bearing

OBS Organic brain syndrome (dementia)

OD Oculus dexter—right eye

O & E Observation and evaluation (hospital inpatient)

OOP Out of prosthesis

OPT Outpatient treatment

ORIF Open (surgical) reduction and internal fixation

OS Oculus sinister—left eye

OTC Over-the-counter

OU Oculus unitas—both eyes

PC Post cibum—after meals

PCO<sub>2</sub> Carbon dioxide pressure (blood gas)

PH Past history

PI Present illness; or Preinduction (exam); or Pulmonary incompetence

PID Pelvic inflammatory disease

PIP Proximal interphalangeal (finger or toe joint)

PMD Private medical doctor
PMH Past medical history

PMI Point of maximal impulse

PND Paroxysmal nocturnal dyspnea

PO Postoperative; or Per os—by mouth (orally)

PO<sub>2</sub> Oxygen pressure (blood gas)

PPD Purified protein derivative (TB Test); or

Packs per day (cigarette smoking history)

PR Partial remission; or Presbyopia; or pulse rate; or

Per rectum (rectally)

PRN As needed

PT Physical therapy; or Prothrombin time

PTA Prior to admission

PTB Patellar tendon bearing (prosthesis)

PUD Peptic ulcer disease
PV Peripheral vascular

PVD Peripheral vascular disease

PVC Premature ventricular contraction

PWB Partial weight bearing

q. Each; or every

qd Daily

q.i.d. Four times per day

A-15 December 2006

RA Rheumatoid arthritis
RBC Red blood cell (count)
RCA Right coronary artery
RCM Right costal margin

RF Rheumatoid factor; or Rheumatic fever

RFB Retained foreign body

RH Rhesus factor (blood type)
RHD Rheumatic heart disease
RLE Right lower extremity

RLL Right lower lobe (of lung)

RLQ Right lower quadrant

RML Right middle lobe (of lung)

R/O Rule out

ROM Range of motion

ROS Review of symptoms

RRR Regular rate and rhythm (of heart)

RSR Regular sounds and rhythm (of heart)

RTC Return to clinic
RTW Return to work

RUE Right upper extremity

RUL Right upper lobe (of lung)

RUQ Right upper quadrant

RVH Right ventricular hypertrophy

Rx Treatment; or Prescription

S Sacral

 $S_1, S_2, S_3, S_4$  Systolic heart sounds

SAP Substance Abuse Program
SFW Shell fragment wound

SLC Short leg cast

SLE Systemic lupus erythematosus; or Slit lamp examination

SLR Straight leg raising

SLWC Short leg walking cast
SMRs Service medical records
SNHL Sensorineural hearing loss

SOAP Subjective (complaints); Objective (findings); Assessment; Plan

SOB Shortness of breath

S/P Status post

S/PO Status postoperative

SRT Speech reception threshold

STS Serologic test for syphilis; or Soft tissue sarcoma

SX Signs; or Symptoms

T Thoracic; or Tumor; or Time

TB (also TBC) Tuberculosis

TIA Transient ischemic attack

t.i.d. Three times per day

TM Tympanic membrane; or Temporomandibular

TMJ Temporomandibular joint

TPR Temperature; pulse; respiration (rates)

TURB Transurethral resection of the (urinary) bladder

TURP Transurethral resection of the prostate

UCD (also UCHD) Usual childhood diseases

URI Upper respiratory infection

UTI Urinary tract infection

VC Vital capacity

VD Venereal disease

VDRL Venereal Disease Research Laboratories (blood test for syphilis)

VIS Visual Impairment Services

VIST Visual Impairment Services Team

A-17 December 2006

VSULA Vaccination scar upper left arm

WBC White blood cell (count)

WD Well developed

WDWN Well developed, well nourished

WH Well healed

WHNT Well healed, not tender

WFE Williams Flexion Exercises
WJ Wrist jerk (tendon reflex)

WN Well nourished

WNL Within normal limits

#### **B. MEDICAL SYMBOLS**

<del>c</del> With

<del>s</del> Without

Murmur Murmur

(R) Right

(L) Left

Before

p
After or Post

± Not Definite

Decrease or depression

Increase or elevation

Ø Normal or negative

> Greater Than

< Less Than

 $\Delta$  Change

A-19 December 2006